

Preparation time: 30 minutes | Cooking time: 20 minutes | Serves: 18

## **Chocolate cupcakes**

400g tin black beans, drained and rinsed 1 shot espresso (approximately 30ml) 1 tablespoon of vanilla extract 1/2 cup (125ml) coconut oil 5 extra-large eggs <sup>2</sup>/<sub>3</sub> cup (70g) cocoa powder 1 teaspoon baking powder 1/2 teaspoon bicarbonate of soda 1/4 teaspoon salt 2/₃ cup (150g) dark brown sugar

75g Haigh's dark chocolate pastilles, roughly chopped

## **Chocolate icing**

2 ripe avocados, deseeded and skinned 1 tablespoon vanilla extract 1 cup (160g) icing sugar, sifted 1/₃ cup (35g) cocoa, sifted 75g Haigh's dark chocolate pastilles, melted



- Preheat oven to 160°C (140°C fan-forced). Line a standard 12-hole muffin pan with paper cases.
- Place drained beans, coffee, vanilla, coconut oil together in a food processor, blending until mixture is smooth. Add egg's, one at a time, blending well between additions.
- In a large mixing bowl, combine cocoa, baking powder, bicarb soda, salt, sugar and chocolate, stirring until well combined. Pour over bean mixture, stirring until well combined.
- Fill each prepared paper case 3/3 full. Place muffin pan in preheated
- oven and cook for 20 minutes or until a skewer comes out of the centre of a cupcake clean. Remove from oven and cool cupcakes on a wire rack. Repeat process with remaining mixture.
- For the icing, combine avocado and vanilla together in a food processor until smooth and creamy. Add icing sugar and cocoa, blending until well combined. Add melted chocolate and blend again until combined.
- To finish cupcakes, pipe icing on top and serve





